

**MC Squared**

Residential

*2020 Web Write-Up*



Residential Retreat   Virtual Retreat

MC Squared

## An exercise in mind over matter: learning to influence physical matter through focus, intention and manifestation.

Residential Program

**\$2,195.00**

5 Days + 6 Nights

### Prerequisites

[Introduction to Beyond Meditation](#)

[Beyond Meditation](#)

[Gateway Voyage Virtual Retreat](#)

[Gateway Experience](#)

[Gateway Voyage](#)

Only one of the prerequisites above is required

Witness change through the power of your intention. Join Dr. Gallenberger and learn how to refine and strengthen your manifestation skills.







Learn to influence matter with your mind and focused energy. Explore expanded consciousness, intention and manifestation. Learn the principles behind patterning, manifestation, and psychokinesis. Practice using visualizations and affirmations to focus your thoughts and energy to affect matter.

Expand your belief systems. Explore using your intuition to perceive potential realities, select the desired outcome, and finally, its manifestation. This retreat focuses on engaging the heart, mind, and spirit. Participate in group healing circles for yourself, friends, and the Earth.

Witness and experience firsthand the power of your mind and focused intention. Enjoy exercises for hands-on metal bending and more. Learn how to focus your intention to achieve desired outcomes (dice exercise). Discover your ability to influence time and space.

## What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.

 <b>Semi-Private Rooms</b>  Standard accommodations are double-occupancy rooms.	 <b>Free Wi-Fi</b>  Free Wi-Fi is available for guests	 <b>Daily Meals</b>  Our dining menu offers many healthy fresh options with a farm-to-table philosophy.
 <b>Shuttle Service</b>  Local area, shuttle transportation is included on the first and last days of each program.	 <b>Swimming</b>  During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).	 <b>Massage</b>  Massages are available during weeklong retreats during afternoon breaks. (additional fee)